



# HIGH SCHOOL ATHLETICS CARNIVAL

## South West Independent Schools Sports Association

Wednesday, 18th August 2010

### RECORDS - 2010

#### BOYS

##### 100m

12 yrs	M. Iskander	St Mary & St Mina's	08	13.18
13 yrs	Kevin Choi	Redeemer	08	12.43
14 yrs	Stephen Spirou	St Marks	10	12.04
15 yrs	Chris Sperelakis	All Saints	04	11.81
16 yrs	Petros Savaiko	Redeemer	10	11.78
17 yrs	Elijah Magee	Redeemer	10	11.61
18+ yrs	Paul Nasovasova	Redeemer	08	11.44

##### 200m

12 yrs	Nicholas Galatoulas	Redeemer	06	27.97
13 yrs	Nicholas Galatoulas	Redeemer	07	26.15
14 yrs	Delor Hermez	Redeemer	05	24.90
15 yrs	Chris Sperelakis	All Saints	04	24.50
16 yrs	Petros Savaiko	Redeemer	10	23.99
17 yrs	Elijah Magee	Redeemer	10	24.09
18+ yrs	Jose Unilongo	Redeemer	10	24.26

##### 400m

12 yrs	Nate Toussaint	Redeemer	07	1:07.00
13 yrs	Nicholas Galatoulas	Redeemer	07	1:02.81
14 yrs	Delor Hermez	Redeemer	05	57.57
15 yrs	Petros Savaiko	Redeemer	09	57.91
16 yrs	Miljan Ruzic	St Euphemia	10	54.66
17 yrs	Elijah Magee	Redeemer	10	1:00.44
18+ yrs	Nicholas Heng	Redeemer	10	55.78

##### 800m

12 yrs	Michael Jones	Redeemer	08	2:47.49
13 yrs	E. Anestis	All Saints	05	2:13.18
14 yrs	Miljan Ruzic	St Euphemia	08	2:22.88
15 yrs	Petros Savaiko	Redeemer	09	2:22.00
16 yrs	Stephen Stavropoulos	All Saints	09	2:19.34
17 yrs	Peter Kalaitzoglou	St Euphemia	10	2:31.75
18+ yrs	Timothy Bailey	Redeemer	09	2:12.34

##### 1500m

12 yrs	James Tawadros	St Marks	10	6:23.78
13 yrs	Bishoy Ibrahim	St Marks	03	5:40.36
14 yrs	Milorad Cubrilo	St Euphemia	10	5:32.47
15 yrs	Mark Nashid	St Marks	08	5:06.23
16 yrs	Mark Nashid	St Marks	10	4:55.07
17 yrs	Peter Kalaitzoglou	St Euphemia	10	6:51.09
18+ yrs	Timothy Bailey	Redeemer	09	4:49.55

##### Long Jump

12 yrs	Alvaro Avaria-Jimenez	St Marouns	10	3.79
13 yrs	Stephen Spirou	St Marks	09	5.01
14 yrs	Stephen Spirou	St Marks	10	5.06
15 yrs	Jonathon Gounaris	St Euphemia	07	5.70
16 yrs	Miljan Ruzic	St Euphemia	10	5.36
17 yrs	Mina Guirguis	St Marks	10	5.72
18+ yrs	Sam Nicolopoulos	All Saints	06	5.98

##### High Jump

12 yrs	Perry Kambitsis	St Euphemia	10	1.10
13 yrs	Nicholas Galatoulas	Redeemer	07	1.53
14 yrs	Stephen Milankovic	St Euphemia	10	1.46
14 yrs	David Poyitt	Redeemer	10	1.46
14 yrs	Photi Mallos	All Saints	10	1.46
15 yrs	David Lee	Redeemer	09	1.62
15 yrs	Peter Zacharias	St Euphemia	09	1.62
15 yrs	Jason Theodosiou	St Euphemia	09	1.62
16 yrs	Giorgio Cardakaris	All Saints	10	1.55
17 yrs	Elijah Magee	Redeemer	10	1.63
17 yrs	George Delinicolis	St Euphemia	10	1.63
18+ yrs	B. Tsanidis	All Saints	05	1.69

##### Shot Put

12 yrs	Cameron Sgouros	St Euphemia	10	8.60
13 yrs	Samuel Hermez	Redeemer	06	11.32
14 yrs	Stephen Spirou	St Marks	10	10.16
15 yrs	William Sauliga	Sydney Adventist	04	13.29
16 yrs	Gabe Azar	St Marouns	10	11.12
17 yrs	George Delinicolis	St Euphemia	10	10.85
18+ yrs	Matthew Santos	Sydney Adventist	04	12.35
18+ yrs	Josiah Poyitt	Redeemer	04	12.35

##### Discus

12 yrs	Sam Fitsum	St Marks	10	19.10
13 yrs	Alex Mihalyka	Redeemer	04	28.66
14 yrs	Ken Watanabe	Redeemer	10	26.42
15 yrs	Nicholas Galatoulas	Redeemer	09	33.69
16 yrs	Andreas Kartsioulos	St Euphemia	10	28.77
17 yrs	Tasso Voudouris	All Saints	10	24.41
18+ yrs	M Maropolous	St Euphemia	04	40.01

##### Javelin

13 yrs	Anthony Slaviero	Redeemer	05	29.35
14 yrs	Stephen Milankovic	St Euphemia	10	24.93
15 yrs	George Dib	Redeemer	06	47.32
16 yrs	Petros Savaiko	Redeemer	10	35.92
17 yrs	Elijah Magee	Redeemer	10	33.89
18+ yrs	George Dib	Redeemer	08	47.79

##### 4x100m Relay

Under 14	Redeemer	Redeemer	05	52.17
Open	Redeemer	Redeemer	08	47.36



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#### **GIRLS**

##### **100m**

12 yrs	Danielle Goodin	Redeemer	04	14.10
13 yrs	Zoe Pattey	All Saints	10	13.57
14 yrs	Stephanie Pattey	All Saints	04	13.80
15 yrs	Joanne Kapos	St Euphemia	07	13.22
16 yrs	Helen Konstantinou	St Euphemia	03	13.35
17 yrs	Melissa Bolton	Redeemer	10	14.60
18+ yrs	Stephanie Pattey	All Saints	08	12.95

##### **200m**

12 yrs	Stephanie Kyrgias	All Saints	08	31.33
13 yrs	Zoe Pattey	All Saints	10	27.83
14 yrs	Stephanie Pattey	All Saints	04	28.80
15 yrs	Stephanie Pattey	All Saints	05	28.33
16 yrs	Stephanie Pattey	All Saints	06	27.97
17 yrs	Melissa Bolton	Redeemer	10	31.66
18+ yrs	Stephanie Pattey	All Saints	08	27.27

##### **400m**

12 yrs	Danielle Goodin	Redeemer	04	1:09.53
13 yrs	Stephanie Pattey	All Saints	03	1:03.65
14 yrs	Stephanie Pattey	All Saints	04	1:07.25
15 yrs	Stephanie Pattey	All Saints	05	1:07.68
16 yrs	Alicia Pattey	All Saints	03	1:01.67
17 yrs	Stephanie Pattey	All Saints	07	1:04.80
18+ yrs	Hannah Wallis	Redeemer	10	1:23.86

##### **800m**

12 yrs	Krishni Jayawardana	Redeemer	08	2:41.23
13 yrs	Stephanie Pattey	All Saints	03	2:42.70
14 yrs	Stephanie Pattey	All Saints	04	2:40.34
15 yrs	Stephanie Pattey	All Saints	05	2:47.83
16 yrs	Alicia Pattey	All Saints	03	2:51.69
17 yrs	Alicia Pattey	All Saints	04	2:42.29
18+ yrs	Emma Poyitt	Redeemer	10	3:25.62

##### **1500m**

12 yrs	Panoria Georgiou	St Euphemia	10	7:21.30
13 yrs	Aleen Khoury	Redeemer	06	6:14.29
14 yrs	Grace Forrester	Redeemer	10	7:14.75
15 yrs	Dimitra Psarianos	St Euphemia	08	5:47.75
16 yrs	Dimitra Psarianos	St Euphemia	09	6:00.94
17 yrs	Dimitra Psarianos	St Euphemia	10	6:01.36
18+ yrs	Emma Poyitt	Redeemer	10	7:25.15

##### **Long Jump**

12 yrs	Stephanie Kontakos	All Saints	10	3.34
13 yrs	Evangeline Moshovis	All Saints	08	4.26
14 yrs	Lydia Conti	St Euphemia	10	3.81
15 yrs	Stephanie Pattey	All Saints	05	4.65
16 yrs	Antigone Kordas	St Euphemia	10	4.04
17 yrs	Melissa Bolton	Redeemer	10	3.78
18+ yrs	Demetra Christodoulidou	St Euphemia	07	4.68

##### **High Jump**

12 yrs	Helena Georgiadis	All Saints	10	1.10
13 yrs	Stephanie Pattey	All Saints	03	1.40
14 yrs	Tanya Higgins	Redeemer	10	1.35
15 yrs	Stephanie Pattey	All Saints	05	1.46
16 yrs	Nola Harris	All Saints	10	1.25
17 yrs	Melissa Bolton	Redeemer	10	1.30
18+ yrs	Michelle Tringas	All Saints	03	1.42

##### **Shot Put**

12 yrs	Stephanie Kontakos	All Saints	10	5.63
13 yrs	Alexandra Cannon	Redeemer	06	8.32
14 yrs	Tanya Higgins	Redeemer	10	7.92
15 yrs	Emma Villalobos	Sydney Adventist	04	9.10
16 yrs	Lupe Loloma	Redeemer	10	6.71
17 yrs	Marianne Read	St Marks	10	6.84
18+ yrs	Roselyn Taione	Sydney Adventist	04	8.15

##### **Discus**

12 yrs	Sandra Du	Redeemer	10	12.84
13 yrs	Liesel Ratabacaca	Sydney Adventist	03	19.34
14 yrs	Aya Zahoui	All Saints	10	15.55
15 yrs	Evangeline Moshovis	All Saints	10	21.30
16 yrs	Soelie Vella-Critien	St Marouns	10	17.88
17 yrs	Mili Gumbula	Redeemer	10	20.83
18+ yrs	Tongaleva Kavaefiafi	Redeemer	10	21.42

##### **Javelin**

13 yrs	Elizabeth Khoury	Redeemer	04	22.85
14 yrs	Tanya Higgins	Redeemer	10	11.52
15 yrs	Samia Dib	Redeemer	06	21.74
16 yrs	Elena Haridimos	All Saints	10	15.65
17 yrs	Mili Gumbula	Redeemer	10	22.86
18+ yrs	Tina Linaris	Redeemer	05	24.92

##### **4x100m Relay**

Under 14	All Saints	All Saints	10	58.28
Open	St Euphemia	St Euphemia	06	57.50